

# An Introduction to Centennial High School

## Information for Parents/Guardians



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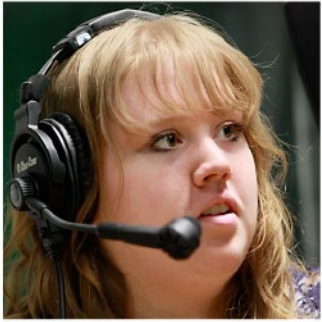
# Welcome

Principal: Joe Sturgeon

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# Transitioning from Junior High to Successful High School Student

- **Freedom & Responsibility**
- **Attendance – believe those phone calls!**
- **Monitoring progress on PowerSchool – students and families**
- **Meet new friends - not all the same Junior High friends in your classes**
- **Experience and try new things**



# Who is here to help?



Surnames	Guidance Counsellor	Assistant Principal
A-G	Mx. Mead	Mr. Pierpoint
H-N	Ms. Minhas	Ms. Banack
O-Z	Ms. Hunter	Ms. Kasumovich

**IPP Coordinator:** Ms. Ruault

**EAL Support:** Ms. Bhathal & Ms. Aguinaldo





**Indigenous Student Grad Coach:** Ms. MacAskill

**All In For Youth Success Coach:** Mr. Ieuan Roberts



# High School Diploma Credits & Minimum Courses



<b>Total</b>		<b>100 credits (minimum)</b>
<b>Grade 10</b>		<b>40 credits (8 classes)</b>
<b>Grade 11</b>		<b>38 credits (7.5 classes)</b>
<b>Grade 12</b>		<b>35 credits (7 classes)</b>



# Alberta High School Diploma Requirements

Total  100 credits



- English 30 level
- Social 30 level
- Science 20 level
- Math 20 level
- PE 10
- CALM 20 (Career & Life Management)
- 10 credits in options
- 10 additional credits 30 level

# Certificate of High School Achievement Requirements

Total ➡ 80 credits (minimum)



- **Earned by students in Knowledge & Employability (KAE)**
- **Placement in these courses is by referral with junior high school, parent/guardian & counsellor**
- **Less academically demanding - greater focus on hands-on experiential activities**
- **Provides successful transition into employment/further training opportunities**
- **May transition to high school diploma courses**





# Courses & Credits

- **Each class/period = 5 credits**  
**(4 classes per day = 20 credits per semester)**
- **Credit is earned with a mark of 50%+**
- **Course levels for Grade 10 are numbered as 10/15, for Grade 11 as 20/25, and for Grade 12 as 30, 35**





# Grade 10 Course Registration

- **Four academic courses:**
  - English, Social Studies, Math, & Science
- **Physical Education 10**
- **Three complementary/option courses (will also choose two alternates)**
- **Timetable Example for Each semester:**
  - 2 academics + 2 complementary/option
  - 2 academics + 1 complementary + P.E. 10





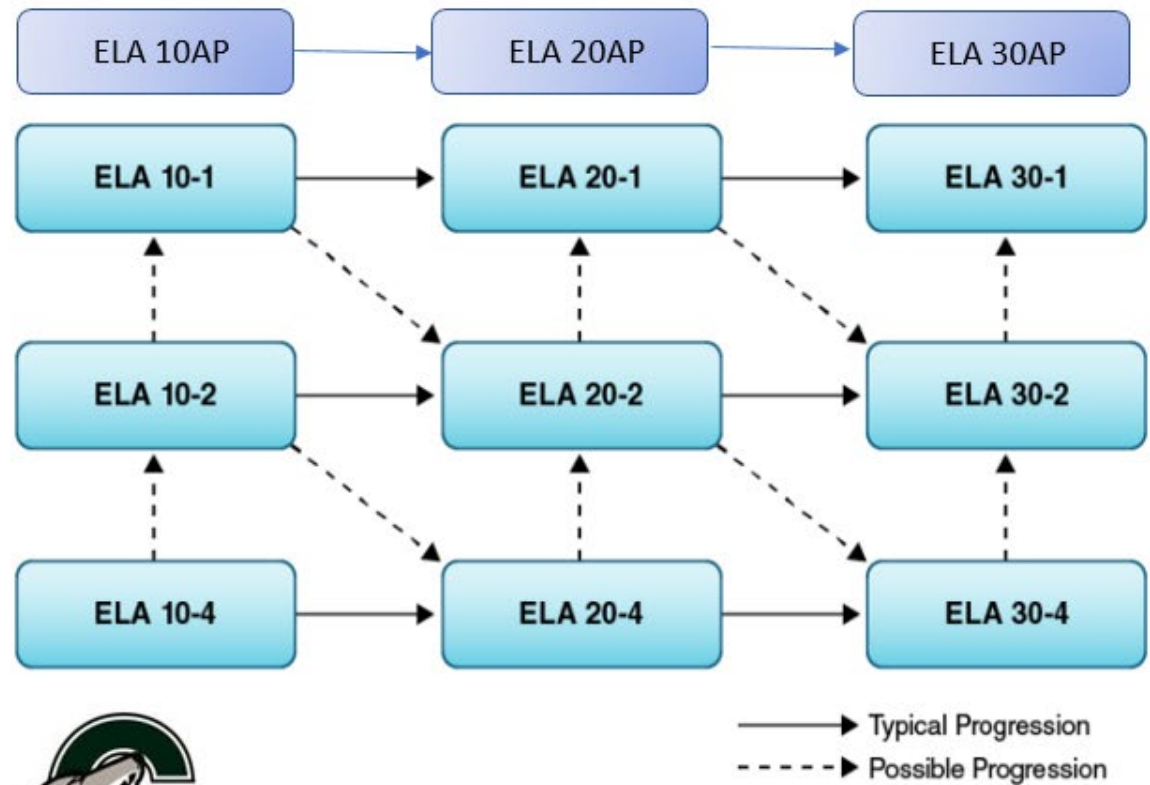
## Sample Grade 10 Timetable



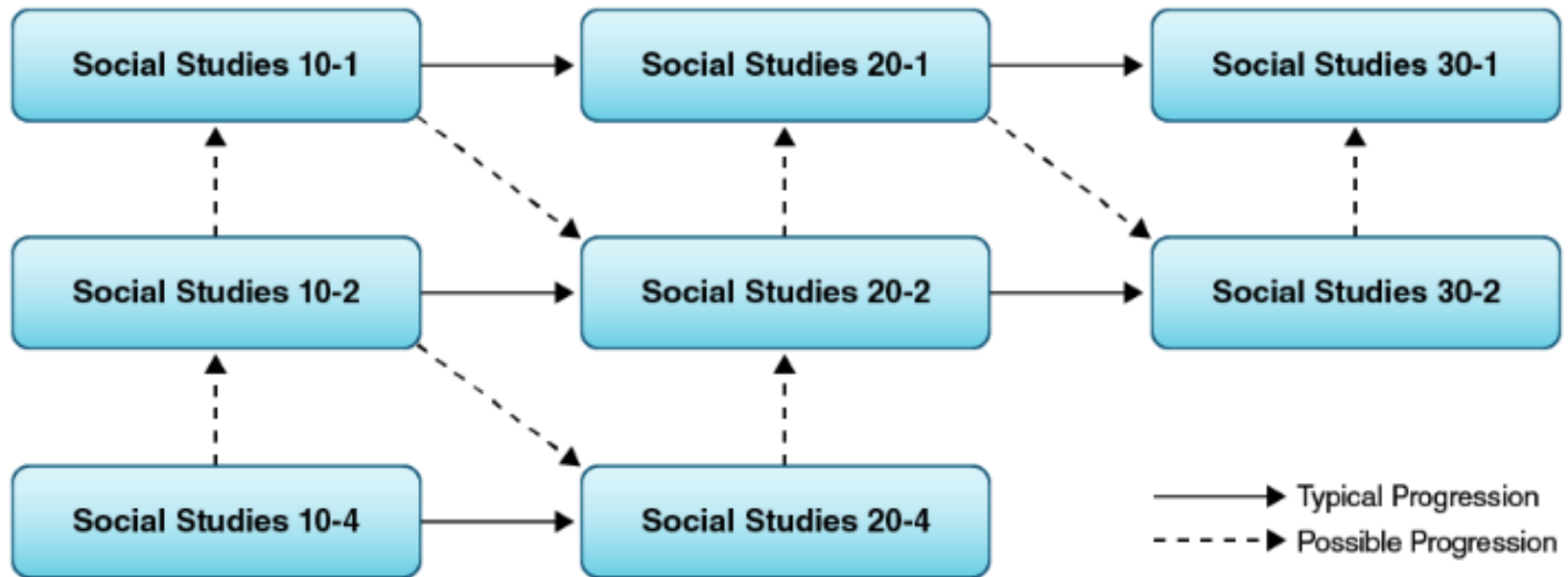
	MON	TUES	WED	THURS		FRI
<b>J Block Classes 7:00-8:40am</b>						
<b>Tutorial Time 8:40-9:05am</b>						
<b>9:09-10:33</b>	1 <b>Drama 10</b>	2 <b>ELA 10-1</b>	1 <b>Drama 10</b>	2 <b>ELA 10-1</b>	<b>9:09-10:02</b>	1 <b>Drama 10</b>
<b>10:37-12:01</b>	2 <b>ELA 10-1</b>	1 <b>Drama 10</b>	2 <b>ELA 10-1</b>	1 <b>Drama 10</b>	<b>10:06-10:59</b>	2 <b>ELA 10-1</b>
<b>Lunch 12:01-12:39</b>					<b>Nutrition Break 10:59-11:21</b>	
<b>12:43-2:07</b>	3 <b>PE 10</b>	4 Math 10-C	3 <b>PE 10</b>	4 Math 10-C	<b>11:25-12:18</b>	3 <b>PE 10</b>
<b>2:11-3:35</b>	4 Math 10-C	3 <b>PE 10</b>	4 Math 10-C	3 <b>PE 10</b>	<b>12:22-1:15</b>	4 Math 10-C
<b>After School Classes 3:35-5:00</b>					<b>No Scheduled Contact Friday afterschool</b>	

*Please note that our bell schedule is subject to change before the beginning of September 2024*

# English Language Arts Pathways

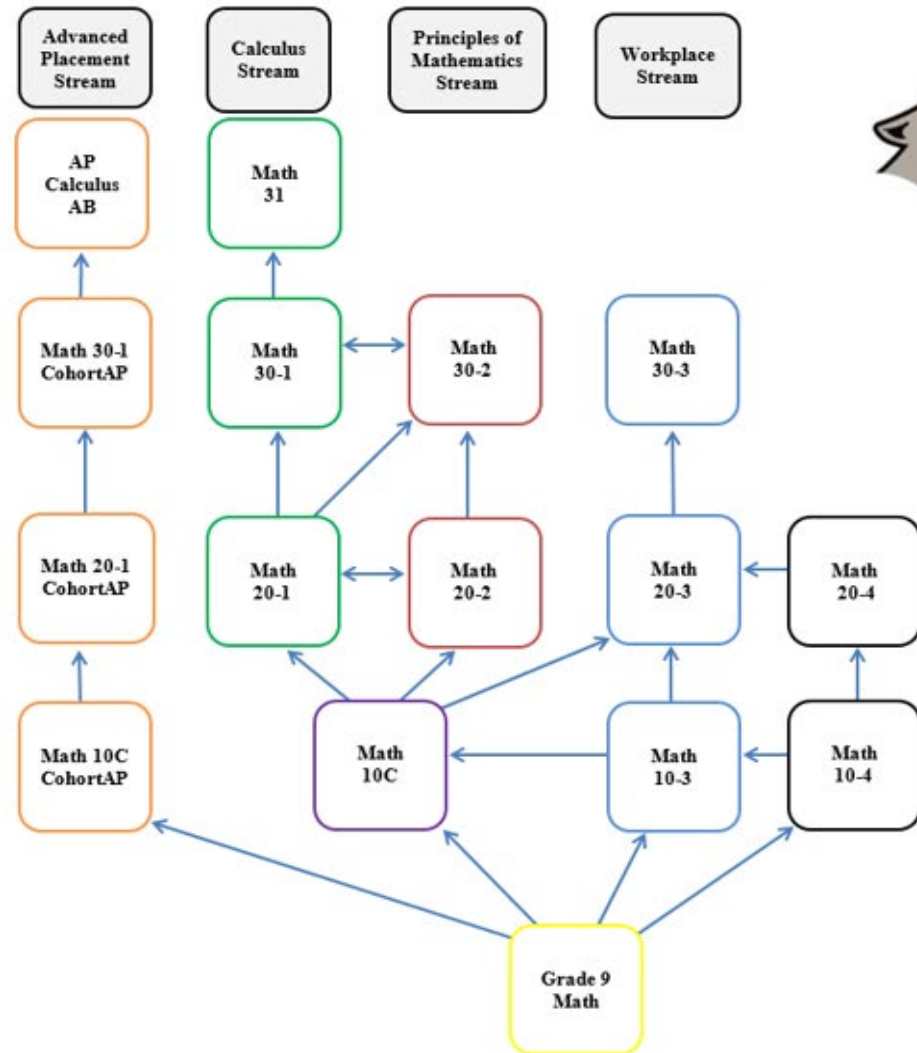


# Social Studies Pathways

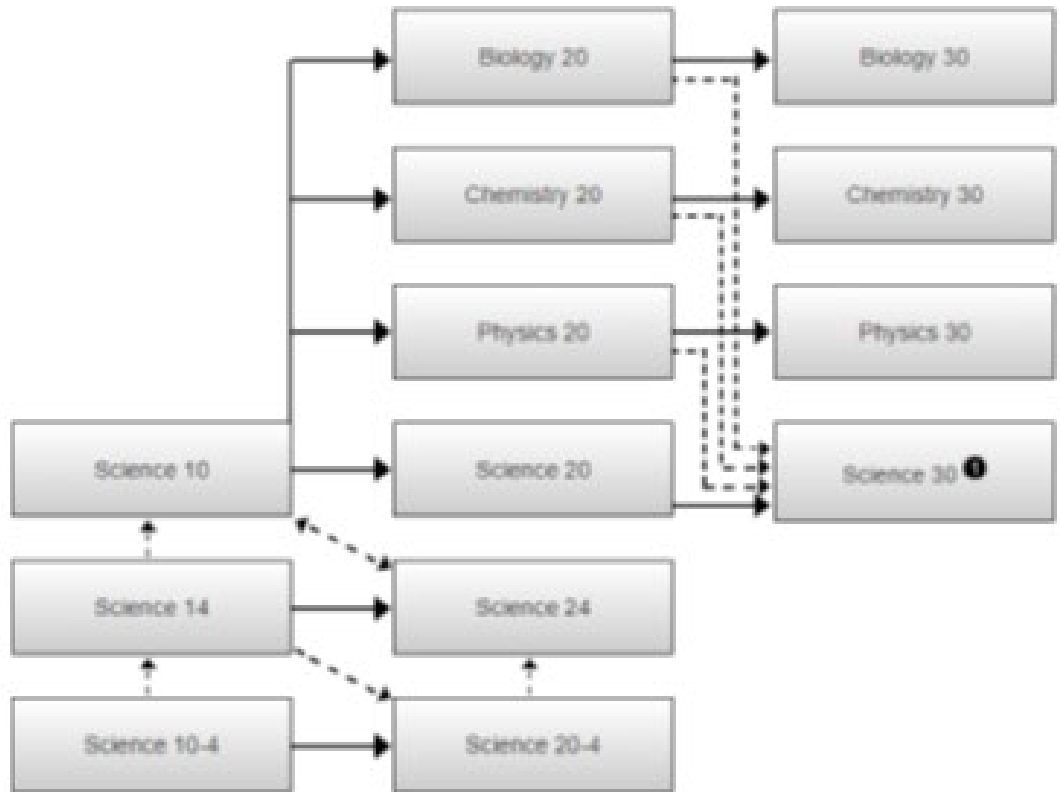




# Mathematics Pathways



# Science Pathways



The courses in the sequence chart are worth 5 credits each.

—————> Typical Progression  
 - - - - -> Possible Progression



# Need More Information?



- **Course Registration Guide**
- **School Web Site**
  - [www.schools.cbe.ab.ca/b870](http://www.schools.cbe.ab.ca/b870)
- **Consult with Junior High Staff**
- **Centennial Open House – January 29, 2026 from 7:00-9:00pm (doors open at 6:30pm)**
- **Centennial Guidance Counsellors will visit some Junior Highs to meet & register students individually**

# Contacts

- Satnaum Mead (Guidance Counsellor A-G)
  - [srmead@cbe.ab.ca](mailto:srmead@cbe.ab.ca)
- Manpreet Minhas (Guidance Counsellor H-N)
  - [mkminhas@cbe.ab.ca](mailto:mkminhas@cbe.ab.ca)
- Lynda Hunter (Guidance Counsellor O-Z)
  - [lmhunter@cbe.ab.ca](mailto:lmhunter@cbe.ab.ca)
- Lesley Ruault (IPPs)
  - [laruault@cbe.ab.ca](mailto:laruault@cbe.ab.ca)
- Kalyn MacAskill (Indigenous Student Graduation Coach)
  - [kmmacaskill@cbe.ab.ca](mailto:kmmacaskill@cbe.ab.ca)
- Nicola Wilson (K&E)
  - [nmwilson@cbe.ab.ca](mailto:nmwilson@cbe.ab.ca)
- Joe Sturgeon (Principal)
  - [jsturgeon@cbe.ab.ca](mailto:jsturgeon@cbe.ab.ca)
- Stu Pierpoint (Assistant Principal A-G)
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- Pam Banack (Assistant Principal H-N)
  - [pmbanack@cbe.ab.ca](mailto:pmbanack@cbe.ab.ca)
- Martina Kasumovich (Assistant Principal O-Z)
  - [mskasumovich@cbe.ab.ca](mailto:mskasumovich@cbe.ab.ca)





*Thank you!!!*



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