

An Introduction to Centennial High School

Information for Parents/Guardians



learning | [as unique](#) | as every student



Calgary Board
of Education



Who is here to help?



Surname	Counsellor	Assistant Principal
A-K	Mx. Mead	Ms. Hannay
L-Z	Ms. Hunter	Ms. Banack
IPP Coordinator: Ms. Ruault		

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High School Counsellors' Roles



- **Students and parents/guardians are encouraged to consult with counsellors regarding:**
 - **Educational counselling**
 - **Short term social/emotional/personal counselling**
 - **Post-Secondary information & Scholarships**

Students are assigned alphabetically by surname to counsellor

Appointments are booked through the secretary in T-Wing Guidance Office





Is Your Child ELL?

- Ms. Good adds another layer of support for students coded as English Language Learners (ELL)
- Support can include:
 - Access to English as a Second Language courses where the focus is on acquiring academic English
 - Guidance in completing high school diploma requirements (some students require more than 3 years)
 - Liaison with outside service providers who are able to support new families transitioning to life in Calgary
 - Advice on course selection & post-secondary options



Transitioning from Junior High to Successful High School Student

- **More freedom and accepting greater responsibility – combination can be overwhelming**
- **Attendance – believe those phone calls!**
- ***One high school class equals two junior high classes***
- **An excused absence does not excuse work**
- **Semesters move very quickly**



Transitioning from Junior High to Successful High School Student



- **Power School – monitor and follow marks, attendance, progress**
- **Extended absences due to illness requires contacting teachers, Guidance Counsellor and Assistant Principal**
- **Often cover new material every day in class - (workload vs. work; pace of material being taught)**



Successful Transition to High School



In high school, you can expect:

- **Regular homework/review/studying(1-2 hours/night)**
- **To see a change in your marks**
- **To be more independent & responsible for handing in all assignments & making up missed work**
- **To meet new friends - not all the same Junior High friends in your classes**
- **To experience and try new things**





Successful Transition to High School

As a high school student, you may be balancing:

- **Part-time job**
- **Community commitments**
 - volunteering, community sports teams, hobbies
- **Extra-curricular commitments at school**
 - athletics, clubs, intramural activities
- **Assignments, homework, tests**
- **School/Life Balance**
 - mental health, anxiety, personal & social life





Successful Transition to High School

Please give serious consideration to:

1). Correct academic placement:

- Junior high recommendations
- Your student learner characteristics

2). Complementary/option courses

- Interest, potential career path
- Opportunity to experience something new
- It is often difficult or impossible to change core course levels/options once a semester has started.
- You need to remain committed to the classes on your timetable for the semester.





Junior High Assessment & High School Registration



- **Learner Characteristics** – demonstrated by the student in a particular subject area.
- **Outcomes** – what the student is expected to know and be able to do.
- **Achievement Indicators** – established measures which express the extent your child has demonstrated understanding of the outcomes.

Measures on an indicator scale of 1 to 4:

1 – Not meeting 2 – Basic 3 – Good
4 – Excellent

- High school students will receive a final course grade as a percentage.



High School Diploma Credits & Minimum Courses

Total		100 credits (minimum)
Grade 10		40 credits (8 classes)
Grade 11		38 credits (7.5 classes)
Grade 12		35 credits (7 classes)



Certificate of High School Achievement Requirements

Total  80 credits (minimum)



- Earned by students in Knowledge & Employability (KAE)
- Placement in these courses is by referral with junior high school, parent/guardian & counsellor
- Less academically demanding - greater focus on hands-on experiential activities
- Provides successful transition into employment/further training opportunities
- May transition to high school diploma courses





Course and Credit Information

- **Each class/period = 5 credits**
(4 classes per day = 20 credits per semester)
- **Credit is earned with a mark of 50%+**
- **Course levels for Grade 10 are numbered as 10/15, for Grade 11 as 20/25, and for Grade 12 as 30, 35**



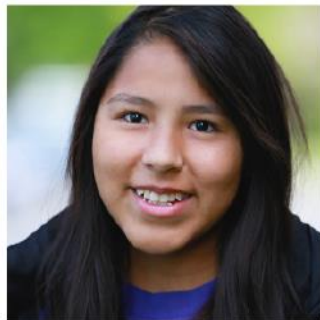
Grade 10 Course Registration

- **Four academic courses:**
 - English, Social Studies, Math, & Science
- **Physical Education 10**
- **Three complementary/option courses (will also choose two alternates)**
- **Timetable Example for Each semester:**
 - 2 academics + 2 complementary/option
 - 2 academics + 1 complementary + P.E. 10





Sample Grade 10 Timetable



	Monday	Tuesday	Wednesday	Thursday		Friday
7:00 – 8:40 J Block Classes						
8:50–10:13	1 Drama 10	2 English 10-1	1 Drama 10	2 English 10-1	8:50 – 10:00	1 Drama 10
10:17 – 10:37 Tutorial Time						
10:41 – 12:04	2 English 10-1	1 Drama 10	2 English 10-1	1 Drama 10	10:05 – 11:15	2 English 10-1
12:04 – 12:41 Lunch					11:15 – 11:35 Nutrition Break	
12:45 – 2:08	3 PE 10	4 Math 10-C	3 PE 10	4 Math 10-C	11:40 – 12:50	3 PE 10
2:12 – 3:35	4 Math 10-C	3 PE 10	4 Math 10-C	3 PE 10	12:55 – 2:05	4 Math 10-C
3:35 – 5:00 After School classes					No scheduled Contact on Friday afterschool	

Please note that our bell schedule is subject to change before the beginning of September 2022



Tutorials



- **Currently, tutorials are offered Monday to Thursday between Period 1 and 2 from 10:17 – 10:37 a.m. ***
- **Check with teacher for location and possible alternate time(s)***
- **It is highly recommended that students attend and take advantage of extra help**
- **Contact time is also offered Monday to Thursday from 3:35 – 4:00 p.m. Check with your teacher to set up a meeting**



High School Semester System

- **Semester 1** (September to January)
 - Meet the Teacher (evening event)
 - Progress Report
 - Parent/Teacher Interviews
 - Mid-term Report Card
 - Scheduled final exams in January
 - Final report card for Semester 1 at the end of January





High School Semester System

- **Semester 2** (February to June)
 - Meet the Teacher (evening event)
 - Registration for next school year in February/March
 - Progress Report
 - Parent/Teacher Interviews
 - Mid-term report card
 - Scheduled final exams in June
 - Final report card for Semester 2 at the end of June





Prior to School Start-up

- **Parents/Guardians will receive information with school start-up information. Be sure to check your e-mail and/or school website**
- **Students are encouraged to come into Centennial at the end of August before classes start**
- **At the end of August students can:**
 - **pay school fees**
 - **have school ID photo taken**





Need More Information?



- **Course Registration Guide**
- **School Web Site**
 - www.schools.cbe.ab.ca/b870
- **Consult with Junior High Staff**
- **Grade 9 Tours – January 27, 2021**
- **Centennial Guidance Counsellors will visit some Junior Highs to meet & register students individually**

Contacts



- Lynda Hunter (Guidance Counsellor)
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